

# FACTSHEET

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## Credit for Caring Act

### Millions of Americans serve as unpaid caregivers for family and friends.

- One in 5 adults — about 50 million individuals — are informal caregivers, providing regular unpaid care to a family member or friend.
- Among all caregivers, more than 21% provide care to individuals living with Alzheimer's or other dementia — and nearly half of caregivers of older adults provide help to someone with dementia.
- More than 1 in 4 dementia caregivers are part of the “sandwich generation” — caring for both an older adult and a child at the same time.

### Dementia caregivers provide a significant amount of unpaid labor each year.

- On average, dementia caregivers provide more than 30 hours of unpaid care per week.
- More than 1 in 4 dementia caregivers provide at least 40 hours of care per week — and 68% provide at least 20 hours of care per week.
- One in 3 dementia caregivers have been providing care for five or more years.
- In total, in 2023, 11.5 million dementia caregivers provided 18.4 billion hours of unpaid care, valued at nearly \$350 billion.
- The value of care was the equivalent of nearly 15 times the 2022 revenue of McDonald's.

### Caregiving can have a negative effect on employment, income, and financial security.

- More than 40% of dementia caregivers have annual household incomes below \$50,000.
- In 2021, dementia caregivers bore, on average, \$12,388 in out-of-pocket costs on behalf of the person with dementia.
- Among employed dementia caregivers, 57% report having to go in late, leave early, or take time off to fulfill their caregiving duties. Nearly 1 in 5 had to reduce their hours of work.
- Among those who provide dementia care and/or assist with expenses:
  - 48% cut back on other spending and 43% cut back on savings;
  - Nearly 40% report food insecurity — running out of food and not having money to buy more.

### The Credit for Caring Act (S. 925 / H.R. 2036) would provide real financial relief to those caring for loved ones with dementia.

- The Credit for Caring Act would create a non-refundable federal tax credit of up to \$5,000 per year for family caregivers to help address the significant financial impact of providing care.
- The tax credit could be used to offset some of the costs of caregiving, including the costs of respite care, transportation, and lost wages.