

# FACTSHEET

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## AADAPT Act

### Gaps exist in the dementia training that primary care providers (PCPs) receive.

- More than 7 million Americans are living with Alzheimer's — a population projected to double to nearly 14 million in 2060.
- Timely diagnosis and high-quality dementia care improves patient outcomes. But, it requires well-trained health professionals.
- Although 85% of Alzheimer's diagnoses are initially made by primary care providers (PCPs), 40% of PCPs say they are not confident doing so.
- Even when a diagnosis is made, appropriate care may not be available. Two-thirds of PCPs say they received little to no training on dementia care in medical school.

### Enhanced dementia training for PCPs can improve care quality and lower costs.

- Dementia care training topics may include detection and diagnosis, advanced care planning, managing comorbidities, and navigating behavioral and psychological symptoms.
- With better trained PCPs, patients are more likely to receive high-quality, person-centered dementia care and have an improved quality of life.
- In addition, improved primary care can lead to lower overall health care costs by reducing unnecessary hospitalizations.

### PCP Alzheimer's Training Gap

Percent with little or no dementia training in medical school

69%

Percent not confident in making diagnosis

39%

### Virtual training is a proven means to expand access to education for front line providers.

- Studies show structured virtual trainings increase provider skills, knowledge, and confidence in managing common but complex diseases.
- In addition, virtual programs help make educational opportunities more accessible to providers in rural, frontier, and underserved areas.

### The Accelerating Access to Dementia and Alzheimer's Provider Training (AADAPT) Act would expand virtual dementia training for PCPs.

- The AADAPT Act would provide grants to expand virtual education and training on Alzheimer's and dementia so that more PCPs better understand detection, diagnosis, care, and treatment – and so that more providers in rural and underserved communities can receive dementia training.
- The AADAPT Act would authorize \$1 million annually for five years for this Alzheimer's-specific education and workforce development.