**BOLD Public Health Centers of Excellence**

**What are BOLD Public Health Centers of Excellence (PHCOE)?**

- In 2018, Congress passed the bipartisan Building Our Largest Dementia (BOLD) Infrastructure for Alzheimer’s Act (P.L. 115-406), which called for the creation of Alzheimer’s disease Public Health Centers of Excellence (PHCOE).

- In 2020, the Centers for Disease Control and Prevention (CDC) established three Centers, each focusing on a priority public health area of need: dementia risk reduction, early detection of dementia, and dementia caregiving.

- The Centers are tasked with identifying and disseminating research findings and population-level best practices as well as providing technical support to, and encouraging action by, state, local, and tribal public health officials.

**What has been the focus of the PHCOE on Early Detection of Dementia?**

- The PHCOE on Early Detection is located at the New York University School of Medicine and has brought together a broad coalition of stakeholders to promote widespread awareness of why early detection is important.

- The Center published a toolkit to assist health systems in adopting a comprehensive approach to dementia detection. This includes not only best practices on cognitive screening, but also pre- and post-screening actions.

- In addition, the Center has released a series of infographics that promote the importance of, assist providers in conversations about, and summarize available tools for early detection of dementia.

**How does the PHCOE on Dementia Caregiving assist public health?**

- The PHCOE on Dementia Caregiving is based at the University of Minnesota and focuses on promoting programs to improve caregiver health, quality of life, and the support caregivers receive.

- The Center has created a comprehensive toolkit for public health agencies on how they can improve the quality of dementia caregiving and reduce caregiver burden. The toolkit also includes a guide on advanced care planning resources.

- The Center hosts a regular series of webinars to disseminate best practices, identify innovative actions to assist caregivers, and facilitate connections between public health and groups that work to support caregivers.

- The PHCOE on Dementia Risk Reduction is run by the Alzheimer’s Association and works to translate the science on dementia risk reduction into public health action.

- The Center published briefs and created videos reviewing the science on dementia risk factors and the public health implications. It also released state fact sheets and county-level heat maps on the prevalence of risk factors.

- The Center hosted a workshop in 2022 on social determinants of health related to dementia risk and a two-day summit in 2023 that highlighted ways for public health to promote brain health.